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# Keeping the World Turning: A Video Workshop on Gender and Care during the Pandemic

May 10, 17, 24  
June 1

19.30-21.00 EET

Saskia Fischer (reCollective)  
Nelli Kambouri (ProGender)

[recollective@protonmail.com](mailto:recollective@protonmail.com)



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## May 24<sup>th</sup> Workshop Outline

19.30-21.00

**(1) Introductions and Sharing Homework (15 mins)**

**(2) Talking Objects (15 mins)**

**(3) Object Interviews (55)**

**(4) Closing and Home Practice (5)**

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elderly: started to take care of health- for them care was more about health. but also common issue for all ages.

Red Cross eg - simple gestures. Attention: it's limited, we use some of it to care for others. Matter of where attention goes.

the negative/difficult sides of care vs the more positive ones

Not only actions: also worries, thoughts Care burden - gets too much, and we feel guilty.

Covid became such a threat that it made worries more specific

Collective dimension of care- solidarity/support.

Digital work environment: parents work, both get involved in care

Care giving: point is not whether it's paid, problem is taken for granted, not appreciated. kind of work that gets put on the side.

Pandemic showed - mothers workers too, fathers should also take care of children.

Keepings things organised: this is an aspect of care work not often seen - mental labour, planning

intellectual labour - source of tension. taken for granted that I should do it and then ask the other person to help.

US research on stages of care work: what portion do women take on of the mental part? men do more decision-making, researching, women the identifying of needs

During pandemic: focus on self-care, start dancing, running etc maybe more for single people with time.

First lockdown: very intense the feeling that you needed to care for yourself, start a new hobby. not same during second lock down.

## Home practice

### Portrait of your object and you (video/audio)

**(1) A visual portrait of you and your object:** film yourself with the object - using/moving the object. You can either be using as it is supposed to be used, or in any other way. Film 5 separate shots with movement in them (or static shots if last time the shots were mainly moving). Remember to try a mix of different angles/heights/close ups and wide shots.

**(2) An audio note about care in the future:** use audio or text to describe what do you think care work will look like in 30 years? You can answer this question in relation to the particular aspect of care your object represents.

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# ProGender

A Digital Hub on Gender,  
the COVID-19 Crisis and its Aftermath

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